

BRAIN EXERCISES



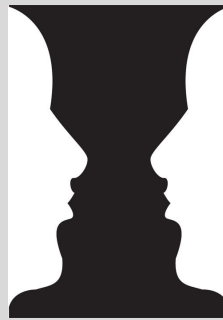
One of the most important aspects of Drawing class is the “re-training” of your eyes and brain to see space differently. A fancy name for these activities is “visual-spatial awareness exercise.” We are going to complete three brain exercises over the next few days. The most important aspect of brain exercises is not an amazing finished product—it is instead about slowing down, really looking at what is in front of you, and concentrating on spatial relationships.

CHAIR DRAWING



- In your sketchbook, divide your paper into four 4.5”x6” sections (quarters). Ask Ms. S for help if you need to.
 - Using the grid lines on the image and your paper, try to recreate the chair’s outline to the best of your ability.
 - Take your time. Look at where parts of the chair cross through the grid.
- When your outline is finished, shade the outside of the chair (the negative space) with your pencil.

VASE/FACE DRAWING



- On the handout, attempt to recreate the missing side of the composition.
- Take your time. Look at what the side you already have is doing in space. Try to match that movement on the missing side.
- When you are finished completing the missing side, try turning your paper upside-down. Sometimes you can notice new things to fix this way.

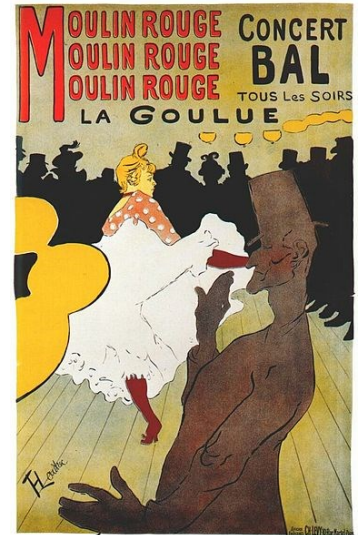
YOUR FINISHED BRAIN EXERCISES WILL BE GRADED TOGETHER ON
_____ AT THE BEGINNING OF CLASS.

THEY ARE WORTH 100 POINTS.

UPSIDE-DOWN DRAWING

The final brain exercise is the longest, and the most complicated. It is, of course then, the coolest when you finish it! You are going to recreate a masterpiece of art without all of the stress—you're going to draw it upside down.

- **Choose one** of Ms. Stephenson's **masterpiece** handouts to recreate. Please don't draw on them, as they are a class set.
- **Turn the masterpiece upside-down.** Cover the page with a piece of plain white paper.
- **Uncover a small strip** of the masterpiece at a time, keeping the rest of the image blocked with the white paper.
- **Draw what you can see** on your final paper. Go slowly, and look at the angles and intersections of the lines you can see.
- Keep uncovering the masterpiece and drawing what you can see one small section at a time.
- When you finish, turn your drawing right-side-up and see how you did!



YOU WILL BE GRADED ON:

- **Completeness (25 points)**—Do you have all of your drawings? Are they finished?
- **Accuracy (25 points)**—Did you take the time and effort to make things as correct as you could? Or, did you speed through the drawings, not paying attention to where things should go?
- **Effort (50 points)**—Were you concentrating on your work and putting your best effort forth during class? Or, were you rushing to get done?